

FIGHTING



HAWKS

Leadership Thoughts & Quotes

TRANSFORMATIONAL LEADERSHIP

High functioning teams and leaders understand the importance of “modeling” behavior.

More is “CAUGHT” than “TAUGHT”

“People hear what we say, but catch what we do”

Common traits of high functioning leadership systems:

1. Modeling Behavior
2. Invest in People—“People over Program”
 - Build Relationships & Trust
3. Create Meaningful Experiences
 - Not just winning & success
 - Create a sense of belonging
 - Who will carry the banner for you??
4. Believe in Their People—Delegate/Trust

YOUR EXAMPLE WHEN IT COMES TO LEADERSHIP IS NOT THE MAIN THING, IT IS THE ONLY THING!!!

-Coach Don Meyer—Legendary Basketball Coach

Good coaching and leadership involves asking a lot of questions. “Thirst for Knowledge”

Wellness Check Meeting with Players—15 minutes/week

-Discuss: Family, School, Hobbies—NO BASKETBALL

The Ability to Internalize— “I may be part of the problem”

When leaders don’t get the results that they want, will they go back and look at the process, or just blame others???

- Good leaders look at process and don’t blame
- Players/people want to work for those leaders
- “Process over Product”

-Leadership in Influencing others, NOT directing others

My Own Thoughts

“Process Over Product”

I truly believe that winning is not a destination, but more a “byproduct” of how you go about your daily business. The teams and programs that get more concerned about the process and less about the results have a tendency to achieve their desired results. I also feel this statement refers to not skipping a step in the process. In this day and age, most people are looking for the instant gratification and because of that, sometimes will skip a step or many steps in the process of what it takes to be a great player or a great team. Stay focused on the process and the results will take care of themselves. “TRUST THE PROCESS”.

Like vs. Respect from Players

I have always felt that it is more important to have players respect you than it is to have them like you. I feel players may not like you in the moment, when you are holding them accountable to somethings, but I feel if they have respect for us as coaches, they will come back in the future and say “thank you” . It is always hard to hold players accountable to standards, but I feel if coaches have a solid relationship built up with their players they can do this and keep the respect level high among each other. Relationship building is an action that I feel all of us coaches should be working on to develop and grow within our programs. Strong relationships built on trust and respect are what great teams and programs are built on.

Podcasts Worth a Listen

- The Coaching Culture
- The Coaching U
- The Basketball Podcast
- The Andy Stanley Leadership
- Sports Spectrum

UND Lay Up Drill

You can click the link below to see a routine of lay ups that can be used as a warm up before either a game or practice. You can make the drill competitive as the team gets more and more comfortable with the drill to add pace and concentration to the drill. Enjoy!!!!

<https://youtu.be/gvceo1oMLBY>

TEAM PERCEPTION TEST

As another season has come to and end we once again turn our attention to next season. Now is as good a time as any to take inventory of our rosters and what we will have returning next season. One way to evaluate our rosters is to have the players take a Team Perception Test. I think peer evaluation can be a very powerful tool when we are trying to determine how to “move forward” with our players; PLAYERS KNOW!!!! Most players have a very good sense of the team.

A Team Perception Test is where you have all the players rank every player on the team, including themselves, in a number of different categories. From best shooter, best athlete, best IQ, best attitude, best work ethic, toughest player, etc... You can choose whatever categories you want to see evaluated. When we have done this test in the past, we have made all players put their names on the test. For two reasons: Number one, it is interesting to see where they place themselves on these lists when their name is on it. Number two: You get more honesty when their name is attached to their test. You can then go back and add up all the scores to see where each player falls in each category according to the players.

After the results you can use the data to help determine things like captains, leadership council, and other various leadership capacities.

Feel free to reach out if you would like to see a copy of the Team Perception test we used when I was a Head Coach.

WHAT KIND OF PLAYER/COACH ARE YOU

- Do you Like the Game?
- Do You Love the Game?
- Do You Live the Game?

It is our job as coaches to teach our players how to “Live” the game.

Passionate people attract others

Passionate people elevate others around them

If we as coaches believe in the power of coaching, then we should allow ourselves to be coached in times of necessity.



RELATIONSHIP THOUGHTS



- You have a relationship with anybody that you deal with on a daily basis
 - I want all of my relationships to be sound, solid and healthy – NOT ALL PERFECT – takes effort
 - Players won't care what you know, until they know that you care
 - People will forget what you said, and they will forget what you did, but they will never forget how you made them feel
 - Life is much more enjoyable when you care about other people – “Life is a team sport”
 - Building relationships takes time, that is usually the biggest obstacle that coaches have to overcome, are they willing to invest the personal time needed to develop healthy coach/player relationships
 - Having an “Attitude of Gratitude” – “Thank you notes” – Appreciation for others - Respect
 - Happiness begins when selfishness ends
 - Three ways to say “thank you” to someone:
 1. Say It
 2. Write It
 3. Live it daily with your example, effort & attitude
 - Your best “ability” in relationship building is “availability” – are you available to the people that need your support
- OUR PROGRAM SHOULD HAVE AN OVERRIDING PURPOSE THAT IS GREATER THAN WINNING - EXPERIENCES AND RELATIONSHIPS**