The Power of Kindness

Ralph Waldo Emerson said, *"One of the greatest compensations in life is that no person can help another without helping themselves."* How true it is!

Mary Kay Ash was the inspirational founder of Mary Kay Cosmetics. Many years ago I heard her speak to a group of executives, and she told of her first sales job when she was in her early 20s. She had been excited because she was attending her first convention, and was going to get to meet the top sales person of the company. At a reception, she made her way through the crowd, introduced herself, and asked the man to please share some of his secrets to success. And, do you know what he said?...nothing. Absolutely nothing! He just walked away.

Mary Kay said it was a defining moment in her life, and she promised herself that if she ever enjoyed any success in her life, she would share it with others. Once she started her own company, she said when she walked into a room she would pretend that everyone had a sign around their neck that said...MAKE ME FEEL IMPORTANT.

We all want to feel important, and one of the simplest acts of kindness, one of the simplest ways to make anyone feel important is to sincerely listen to what they have to say.

In my opinion, there is no real success, in any life, until they can discover the beauty of simple, random acts of kindness.