NAME: DATE:

COMET SHOOTING (BIGS)

Drill	Makes	Misses	Total Score
Regular Mikens (make 10)			
Power Mikens (make 10)			
Reverse Mikens (make 10)			
Around the World (ball can't touch ground on miss)			
X Lay ups (make 20)			
Ball to block (10 makes)			
Around the World (ball can't touch ground on miss)			
5 Elbow Shots (in a row, doesn't matter what elbow)			
Regular Mikens (make 10)			
Power Mikens (make 10)			
Reverse Mikens (make 10)			
Mid Range Jumpers (remainder of time) TIME REMAINNG:			

FREE THROW GAME: 16 makes in 6 minutes

Makes	Misses	Sprints	Total Score
			Time: