Comet Shooting

20 Minutes to:

- Make 20 Mikans
- Around the world (ball can't hit the floor on a miss, start over if it does)
    - Block, mid post, elbow, FT, elbow, mid post, block
- Make 20 X lay ups
- Around the world (same)
- Make 5 in a row from the elbow
- Rest of the time to shoot 3s

Post

- Make 20 Mikans
- Around the world
- Make 20 2 ball pick-ups
- Around the world
- Make 5 in a row from the elbow
- Make 20 Mikans
- Make 20 reverse Mikans
- Make 20 power Mikans
- Rest of the time to shoot 10-15 ft jumpers